

Abstract

The presented bachelor thesis deals with the connection between self-esteem and rheumatoid arthritis. The content of the literary-overview part is the definition of the concept of self-evaluation, development, specification of individual sources and changes in self-evaluation and takes into account possible gender differences.

The second part of the literature review is dedicated to the specification of rheumatoid arthritis, the effects of stress and associated mental disorders.

Research proposal, which aims to determine the relationship between self-esteem and rheumatoid arthritis activity in the Czech Republic. Another goal is to identify individual factors that affect the sources of self-esteem. The results of the research could contribute to revealing how self-assessment affects rheumatoid arthritis and serve as a theoretical basis for the development of adequate psychological interventions.