

Abstract (in English):

The aim of the thesis is a theoretical introduction to the influence of motion on the development of child aged from six to twelve years and the possibility of involvement of ballroom dancing to the education process. The first part of the bachelor's thesis is focused on the influence of movement in general on the child's development, especially motor, social and mental development. The second part deals with the effects of ballroom dancing and its use in teaching with practical examples of movement exercises.