

Summary

Aim: To determine the state of oral health in the residents of shelters for mothers with children and the equipment of dental aids for home care of the oral cavity

Introduction: Mothers who find themselves in shelters with their children are in a difficult life and financial situation, where they can be supported by the shelter and its social workers for at least some time. To date, no studies have been conducted in the Czech Republic to examine the oral health of clients of shelters for mothers with children.

Methodology: A questionnaire was compiled in Microsoft Word, which contained 22 questions. I handed over the questionnaires to the social workers of individual shelters for mothers with children in Prague. The return rate was 49 questionnaires. Mothers answered not only for themselves, but also for their children for some questions. The data were evaluated using Microsoft Excel.

Results: Most mothers from shelters do not visit a dentist regularly, the most common reasons for the absence of visits are concerns about financial demands and the fact that they do not have a dentist. The situation is the opposite for children, more than half of children go for regular dental check-ups. Most mothers experience an acute dental problem. Only some mothers state that they have no problem with their teeth.

Among the dental aids used, toothpaste, toothbrush and mouthwash are the most common, and only a small proportion of clients use interdental aids.

Conclusion: The vast majority of mothers do not go for regular preventive examinations, this goes hand in hand with the occurrence of various types of acute problems in the oral cavity, the occurrence of pain and periodontitis is common. The situation is a bit more favorable for children, children go to regular preventive check-ups more often and problems in the oral cavity are also less common. Interdental hygiene is insufficient for most asylum clients

Key words: shelters for mothers with children, oral health, dental aids