ABSTRACT

Aim of this diploma thesis is to provide the reader an insight into the subject of health education. Theoretical part of this thesis defines curriculum and subject didactics. Knowledge of these two documents has impact on the efficient preparation of teaching process. Practical part of this thesis defines five lessons teaching with the use of traditional and activation methods. Teaching part is focused on providing first aid. The realization itself took place on Primary school Korenskeho in Prague 5 in June 2021. Teacher's feedback is submitted for each realized educational method and proposal of possible improvements was suggested. Feedback from pupils was carried out by questionnaires. Pupils rated individual educational methods in terms of efficiency, difficulty and attractivity by five degree scale. Thirty seven pupils from two sixth grades participated in the survey. Collected data from survey were presented in graphs. Results show that pupils prefer learning with activation elements. The most pupular activities among the pupils were training in bandaging and contest Jeopardy. Analysis showed there is a dependency between effectivity and attractivity of the used methods. Output of this thesis is suggestion of preparations of individual lessons and their verification in practice.