

ABSTRACT

Name and surname of the author: Patricie Špeldová

Institution: Charles University
Faculty of Medicine in Hradec Králové
Department of Non-medical Studies

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Supervisor: prof. PhDr. Jiří Mareš, CSc.

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The bachelor thesis deals with posttraumatic growth in people who have suffered a serious traffic accident. The work consists of two parts. The theoretical and overview part gradually deals with the following topics: traumatic event, posttraumatic stress disorder and posttraumatic human growth. It pays particular attention to the division of trauma, its origin and its effect on a person's personality, symptoms, process and treatment of posttraumatic stress disorder. It also focuses on the principles and process of posttraumatic growth and the factors that may affect it. The empirical part is conceived as a qualitative survey of 4 people who experienced a traffic accident. There were 3 men and 1 woman. The basic method that was used was a semi-structured interview and content analysis of clients' statements. The results showed that only two clients can be said to have real posttraumatic growth. It manifested itself in the field of personal strength, new possibilities and a change in interpersonal relationships. The remaining clients had a less serious traffic accident, which did not cause significant psychological changes in the clients' personalities.