

ABSTRACT

Name: Analysis of the frequency and success rate of dribbling, passing and shooting in the U10 soccer matches

Objectives: Aim of this thesis is to determine frequency and success rate of individual game actions (dribbling, passing and shooting) in competitive matches in the category of older pre-school football.

Methods: The analyzed file was consisted of U10 players. The probands were observed and evaluated in 4 matches. Each match was played 3x17 minutes with 6 players and 1 goalkeeper. The method of analysis was used to obtain individual data. For the research, 3 offensive game activities of an individual were selected – dribbling, passing, shooting.

Results: There was not higher success rate of passing after more touches in comparison with first touch passing (First touch - 71,1 % more touches – 71,5 %). Dribbling is not used more at the opposite half (Attacking half – 44,3 vs defensive – 33,8 tries per match), but the success rate was higher in the defensive half (48,5 vs 47,1 %). In shooting we found more shoots inside the penalty area in comparison with outside penalty area shoots (20,3 vs 14,8 tries per match). The success rate was higher for shoots inside penalty area (69,4 vs 54 %). The front dribbling was not used significantly more in comparison with other types of dribbling.

Conclusion: The players have biggest reserve in dribbling situations of 1on2 and 1on3. This type of dribbling situations occurred very rarely. Based on these results we recommend enhancing the training process by training tasks, where the players have to resolve these types of situations. Moreover, it is important to work on the headers, where it is recommended to consecutive training approach. Lastly, it is important to add passing on longer distance to the training process.

Key words: soccer, youth, analysis, match, individual attacking game activities