

The dissertation thesis deals with art therapy applied in educational and psychological counseling. Theoretical part of the thesis defines the term „art therapy“, theoretical and historical fundamentals of the art therapy and touches upon possible applications in treatment. The art therapy process is described from the projective art therapy point of view; specificities of this particular approach in work with children are explained. The developmental view on the art therapy is esp. accented (and described in special chapter). This part of thesis describes the art therapy process together with its goals, possible techniques and themes used in art guidance, the alternatives of methodical supervision and interventions into the child's art production, and evaluation of the therapy progress. Verbal communication with children during the art therapy and interpretation of the product are discussed as well as symbolics and metaphor in art production. The possibilities of art therapeutic work with parents and their inclusion into the therapeutic process are mentioned.

The practical part of the thesis begins with survey of current use of art therapy in educational and psychological counseling, which addressed all counseling centers in Czech Republic. The options to use the art therapy in counseling are demonstrated in four case studies. The first case study describes the therapy of a girl with enuresis nocturna; it is presented as a broad reflexion of the whole art therapeutic process, including therapist's thoughts related to the client's art production. The second case study depicts therapy of a boy with balbuties and ADHD; the third one also delineates ADHD therapy. The fourth case study shows in more details possibilities to intervene into the art expression of a child, it describes an anxious child with communication difficulties and retardation of cognitive development.