A methodic work which, in the first theoretic part, concerning the subject of adventure pedagogy as a means for education of young people. The aim of the theoretic part is to introduce a reader with a creation of courses whose conducting is based on pedagogy of adventure. That is why it describes the preparation of courses (needs, choice of activities, possible ways of conducting, possible hazardous factors which can influence running of course). The outcome of thesis is to apply this theoretical knowledge in practical way. To concrete it: the preparation and the execution of the two-day course in the frame of the project "The Days of Orientation". In the second part – practical, there is a description of the execution of the course with its reflection and with its feedback.