

This diploma work enters theoretically on the psychosocial aspects of ageing. In the introductory chapter I am processing related themes: theories and hypotheses of ageing, demography of old-age, physical and psychical changes in old-age. The main chapter is oriented on three fields of themes relating to ageing. In the concrete: common life of an old man with his family, the role of an old man in the wide society and the personal consequences of one's own ageing. The closing chapter offers a programme of preparation for the process of getting old with a concept of successful ageing. This work aims to outline the psychosocial dilemmas and questions of an old man and to show potential difficulties old people have to put up with.