

## **Abstrakt v angličtině**

**Title (Thema works):** Movement activities of children in their preschool and early school age

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**Aims of the dissertation:**

1) Monitoring of conditions for carrying out of children's movement activities in children's preschool and early school age in a football club.

Detection of possibilities to integrate training athletic exercises in the training of the preparatory football course.

2) Detection of distinctions in the level of movement abilities of the children born in the same year in preparatory schools, basic schools and in the football club.

3) Detection, how differently is perceived the level of children's movement abilities by their parents, teachers and coaches.

**Methodology of work:** After the thorough study of the professional literature in this scope, monitoring of movement activities along with detection of possibilities to integrate training athletic exercises will follow. This will be carried out in such a way to affect the current training order and system of the football club in the least possible extent. By means of executed motoric tests, information about distinction in the level of movement abilities of the children born in the same year will be gained. For the purposes of the work, a non-standard questionnaire will be created to collect information on different apprehension of the level of children's movement abilities by their parents, teachers and coaches.

**Results of the thesis:**

1) Conditions for realization of movement activities in the football club are satisfactory. The coach decides on possibility and extent of integration of the training athletic exercises in the training cycle of the football preparatory course.

2) During detection of distinctions in the level of children's movement abilities, the greatest differences in the measured values were enregistered by children who sport actively. It has not been proved that school physical education would influence the level of movement activities more than physical education in the preparatory school by children of the same age.

3) The information gained from parents, teachers and coaches imply that teachers find the movement abilities of children as very good than parents. Coaches find the level of children's movement abilities rather negative.

**Key words:** preschool age, early school age, movement activities of children, preparatory athletic exercises, football club, sport organization, test, questionnaire.