

Abstract

This bachelor thesis deals with depression and its specifics in the developmental period of old age. It presents important moments in the life of seniors, including psychological, intellectual and psychosocial changes, it also focuses on changes in self-concept and adaptation. It describes depression from a general point of view, however, it emphasizes the issue of depression in old age and its transformations. It presents specific phenomena associated with depression in old age, such as pseudodementia, grief and suicidality. The following section presents the forms of treatment and non-pharmacological interventions, including their use in old age. Art therapy, music therapy and physical activities are introduced in more detail. The proposed research would address the effect of these interventions on depression in old age.

Keywords

Old Age; Changes; Depression; Diagnostics; Interventions; Treatment; Institutionalization