

This work is focused on problems concerning working load in theory as well as in practice. In the theoretical section we define basic terminology, describe risk and protective factors, methods of evaluation and other aspects connected with this issue. Moreover, we apply the subject of this work to the field of practice. In the empirical part we describe a real screening project related to working load at an exposed workplace - nuclear power plant control room. The work results in practical suggestions that could be followed by further projects.