

This Diploma Thesis is dealing with the quality of life and the overall well-being of people working with youth with problematic behaviour. Historical and theoretical background of the life quality and well-being concepts is summarised in the theoretical part. Scientific knowledge gained in this area up to now is presented to the readers, including the impact of demographic characteristics (age, sex, nationality), state of health and social relations on the well-being of individuals, methods the quality of life can be measured and the possibilities of its enhancement.

The theoretical part is followed by a less extensive chapter concentrating on the profession of expert pedagogical staff, teachers and social workers in educational institutions where the youth with problematic behaviour is concentrated. Specifics of the work with such clients are outlined there, focusing on those making this work hard mainly as regards the psychological resistance of the expert pedagogical staff.

The empirical part is based on data gained from research questionnaire analysis. The institution in which the research was conducted is briefly introduced together with the research methods used. The results initially expected by the author and the reasons for her expectations are presented and afterwards confronted with the actual results of the research. Possible explanations and interpretation of the data derived from the research are presented in the final part of the Thesis, together with the author's most objective assessment of the critical points in her research.