

The thesis presents the spiritual sexuality as one of many levels of multidimensional sexuality. The author advocates the view of the evolutionary biologists who suppose that a biological, economical, social, psychological as well as spiritual level of sexuality is influenced by genetic programs into a certain extent. (Theory of The Red Queen and theory of the Frozen Evolution). There is a special focus concerning the spiritual dimension of sexuality. According to the tradition of tantra and taoism sexuality on this level is transformed into the meditative experience.

The content of the above-mentioned traditions is presented in the terminology of western psychology, psychotherapy and medicine. The actual version of the spiritual sexuality – SkyDancing Tantra is submitted by the author in the form of a shared personal experience from the training of tantra.