

The diploma work maps the development of Polish anthropological theatre, the origins of which date back to Polish Romanticism which continues to be one of the strongest theatre trends.

It is divided into six chapters. In the first one the author tries to define the concept theatre anthropology, mentions the most important personalities who participated in its rise and worked out its theoretical subsoil, and marginally covers three of the most important participants of the practical root of anthropological theatre, Jerzy Grotowski, Eugenio Barba and Peter Brook.