

Knee osteoarthritis is the most often form of the progressive degenerative injury called osteoarthritis, which signifies the most widely extended knuckle disability all over the world. And so it turns into a serious healthy and social-economic problem. Besides the symptomatic treatment of pain, the effort of contemporary therapy is to affect those processes, which lead to osteoarthritis morphological progression. The medical treatment should be carried out preferably at total range and with rehabilitation as its integral part.

This report sums up many till now published knowledge above knee osteoarthritis itself and above its treatment processes, primarily in case of use some rehabilitation methods, and offers some information above evaluation effect of therapeutical processes for course of this disorder.