

Příloha 1

RECRUITMENT LETTER

Dear teachers,

I am a student of Master's Studies in Education at the Charles University, in Prague. I am looking to recruit American teachers living and teaching in the Czech Republic who would be willing to contribute to my diploma thesis and to participate in a short online interview. My diploma thesis focuses on how American teachers experience the adjustment to cultural differences in the Czech Republic, and if and how these cultural differences influence their educational activity. The potential participants should work as teachers and should have experience with adjustments to cultural differences after moving to the Czech Republic.

Adjusting to cultural differences is a process that experiences almost every expat teacher. However, studies focusing on experiences of this 'cultural shock' related to the Czech educational context are rare. The purpose of my research study is to understand the difficulties that American teachers can face and to identify ways that could help minimizing potential unsatisfactory outcomes of their adjustment.

If you would like to participate in this study, please contact me at radostova.eliska@gmail.com. The research is anonymous, and no identifiers will be collected at any stage. In case of your participation, you will be given a pseudonym to fully protect your anonymity.

I am happy to answer any questions or concerns you might have about this project and I hope to hear about your experiences.

Sincerely,
Eliška

Bc. Eliška Radostová
email: radostova.eliska@gmail.com

Příloha 2

Appendix:

DEMOGRAPHICS SHEET

This form asks about five types of demographic information that will be used to contextualize your interview responses. The responses in this form include only general information without any specific identifiers and therefore will not endanger the privacy and confidentiality of your interview responses.

For the following items, please select (change color of) the one response that is most descriptive of you or fill in the blanks as appropriate.

Gender:

- | | |
|---|---|
| <input type="checkbox"/> Female | <input type="checkbox"/> Male |
| <input type="checkbox"/> Other (specify): | <input type="checkbox"/> I do not wish to respond |

Age range:

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> 20-29 years | <input type="checkbox"/> 30-39 years |
| <input type="checkbox"/> 40-49 years | <input type="checkbox"/> 50-59 years |
| <input type="checkbox"/> 60-69 years | <input type="checkbox"/> 70-79 years |
| <input type="checkbox"/> 80- years | <input type="checkbox"/> I do not wish to respond |

Workplace:

- | | |
|---|---|
| <input type="checkbox"/> State Preschool | <input type="checkbox"/> State High School |
| <input type="checkbox"/> Private Preschool | <input type="checkbox"/> Private High School |
| <input type="checkbox"/> State Primary School | <input type="checkbox"/> Private English Lessons |
| <input type="checkbox"/> Private Primary School | <input type="checkbox"/> I do not wish to respond |
| | <input type="checkbox"/> Other (specify): |

Family status when you arrived in the Czech Republic:

- | | |
|---|--|
| <input type="checkbox"/> Single | <input type="checkbox"/> In a relationship and with children |
| <input type="checkbox"/> Single with children | <input type="checkbox"/> I do not wish to respond |
| <input type="checkbox"/> In a relationship with no children | <input type="checkbox"/> Other (specify): |

Amount of time you have spent in the Czech Republic:

- | | |
|------------------------------------|-------------------------------------|
| <input type="checkbox"/> 1-2 years | <input type="checkbox"/> 5-10 years |
| <input type="checkbox"/> 3-4 years | <input type="checkbox"/> 10+ years |

Příloha 3

Consent to Participate in a Research Study Adult Participants

Consent Form Version Date: _____

Title of Study: Cultural shock and its impact on the educational methods of American teachers in the Czech Republic

Principal Investigator: Eliška Radostová

Principal Investigator Email Address: radostova.eliska@gmail.com

Faculty Advisor: Mgr. Kateřina Zábrodská, PhD.

Faculty Advisor Contact Information: katerina.zabrodsk@ff.cuni.cz

What are some general things you should know about research studies?

You are being kindly asked to take part in a research study. Joining the study is voluntary.

You may refuse to join, or you may withdraw your consent to be in the study, for any reason, without any penalty.

Research studies are designed to obtain new information. This new knowledge may help people in the future. You may not receive any direct benefit from being in the research study.

Details about this study are discussed below. It is important that you understand this information so that you can make an informed choice about being in this research study.

You will be given a copy of this consent form. You should ask the researcher named above any questions you have about this study at any time.

What is the purpose of this study?

The purpose of this research study is to understand how American teachers experience cultural shock adjustment after moving to the Czech Republic. Relatedly, the study furthermore aims to explore if and how this process of adjustment influences the participants' work as teachers.

Are there any reasons you should not be in this study?

You should not be in this study if (a) you do not want to talk about your experience with adjusting to cultural differences, (b) if you feel that talking about your experience would greatly upset you.

How many people will take part in this study?

There will be approximately 10-15 people in this research study.

How long will your part in this study last?

Your participation in the study includes 1 research interview. We anticipate that interview will last 40-60 minutes. There is no follow-up in this study.

What will happen if you take part in the study?

If you choose to participate in this research, you will be invited to participate in an online interview with Eliška Radostová, the researcher of this study. During the interview, you will be

asked questions related to your experience of adjusting to cultural differences. The researcher will be interested in:

- your understanding of terms “adjusting to cultural differences” and “culture shock”
- your description of the experience of adjusting to cultural differences
- the ways in which you made sense of your experience
- your perception of differences between American and Czech culture
- your description of the consequences of adjusting to cultural differences at your workplace
- your description of steps that help you to adjust to cultural differences

In order to preserve the exact wordings and meanings of what you have said, the interviews will be audiotaped. The audiotapes will be transcribed and anonymized by Eliška Radostová. No one else will have access to the audiotapes. The audiotapes will be destroyed immediately after the transcription is made, no later than March 31, 2021.

Your participation in the interview is completely voluntary, and you are free to (a) refuse to answer any of the questions and (b) withdraw participation from the interview or the study at any time.

What are the possible benefits of being in this study?

Research is designed to benefit society by gaining new knowledge. Individually, you may benefit from this study by gaining deeper self-insights about your adjustment to the experience of the cultural differences. You may also find talking about your experience in the interview therapeutic.

What are the possible risks or discomforts involved from being in this study?

You might experience discomfort from recalling negative memories of the cultural differences you have experienced. If this occurs, you are free to (a) refuse to answer any of the questions and (b) withdraw participation from the interview or the study at any time.

How will information about you be protected?

Your responses to interview questions will be kept confidential. To protect your privacy and confidentiality, the following measures will be taken:

- The researchers will not collect any information which could identify you, such as name, date of birth, or any other identifiers.
- The only demographic information collected in the study includes: gender, age range, workplace, and family status.

Check the line that best matches your choice:

_____ OK to record me during the study

_____ Not OK to record me during the study

What if you want to stop before your part in the study is complete?

You can withdraw from this study at any time, without penalty.

Will you receive anything for being in this study?

Participation in this study is voluntary. You will not receive anything for your participation.

Will it cost you anything to be in this study?

It will not cost you anything to be in this study.

What if you have questions about this study?

You have the right to ask and have answered any questions you may have about this research. If you have questions about the study, complaints, concerns you should contact the researcher listed on the first page of this form.

Participant's Agreement:

I have read the information provided above. I have asked all the questions I have at this time. I voluntarily agree to participate in this research study.

Signature of Research Team Member Obtaining Consent

Date

Printed Name of Research Team Member Obtaining Consent