

ABSTRACT

Title:

Athletics under actual conditions of physical education classes – comparison study performed at three selected types of schools

The degree work compares athletic classes at the selected schools in the course of four school years – from 2002/03 to 2005/06.

Degree Work Objectives:

- a) Comparison of the selected schools as far as the athletic events taught at the selected schools are concerned; i.e.: which events are taught and how much time is spent on their teaching in the course of the school year, what are the conditions for athletic classes at individual schools and how athletic classes are popular with pupils.
- b) Comparison of individual age categories sports performance at the selected schools and types of school competitions the selected schools take part in.
- c) Monitoring of the share of other types of sports taught at the selected schools.

Methods:

The following methods have been used:

- a) Explorative method using questionnaires for pupils dealing with popularity of athletics and individual athletic events with pupils and questionnaires for teachers focused on popularity of athletic events with pupils, range and conditions of athletic classes at the selected schools.
- b) On the spot observations and interviews with management and P.E. teachers of the selected schools dealing predominantly with conditions for athletic classes.
- c) The collected data on sports performance have been processed and presented in the form of synoptic charts and graphs using basic statistic methods.

Findings:

Comparison between the selected schools shows significant differences in conditions for athletic classes. As far as sport performance is concerned, the most significant differences have been found between healthy pupils and pupils with hearing impairments and between pupils with extended physical education classes and pupils who have just two lessons of physical education a week. However almost no differences have been found in the annual sports performance increment of the pupils with extended physical education classes compared with pupils with two lessons of physical education a week. No significant differences concerning popularity of athletics with pupils arising from different quality of conditions and facilities used for athletic classes have been found.

Key words:

Physical education lessons, pupils with hearing impairment, athletic events, sports performance.