

Abstract

Title of the thesis: The case study of physiotherapeutical treatment of a patient after knee arthroscopy

Aims:

The aim of the thesis is comprehensive arrangement of theoretical findings about the knee joint, its injuries, examination, treatment and the process of arthroscopy. The aim is also to document the physiotherapeutic treatment of a patient after arthroscopy of the knee joint.

Summary:

This bachelor thesis is conceived as a case report of a patient after arthroscopy of the knee joint. It consists of two parts, general and special. The first part is concerned with the theoretical knowledge of the knee joint, its anatomy, biomechanics, examination, physiotherapeutic methods and arthroscopic surgery. The special part is dedicated to a particular case of a patient after the knee arthroscopy. This part contains anonymized data about the patient, the treatment, comparison of the results of input and output kinesiological analysis and total assessment of the treatment effect.

Key words:

arthroscopy, knee joint, meniscus, knee ligament injury, case study, physiotherapy