

# **Abstrakt**

## **Title:**

Analysis of the load of referees in selected sports games.

## **Objectives:**

Comparison of the load of referees in sports games on the example of ice hockey, football and basketball according to the average heart rate and comparison of the system of training referees with foreign countries.

## **Methods:**

The bachelor's thesis uses a quantitative method of questioning. The method of analysis is used to evaluate the anonymous questionnaire.

## **Results:**

A comparison of the referees' load showed that the most demanding position of the main referee is held by a football referee and a line hockey referee. The system of training referees abroad is, with some exceptions (football), different from the Czech Republic.

## **Keywords:**

referee, comparison, ice hockey, football, basketball, load intensity