

Abstract

Aim of the thesis: The aim of the diploma thesis is the analysis of a questionnaire survey before and after the implementation of a boating tourist event with people with spinal cord lesions, including the formulation of recommendations for practice, which result from this survey. How to possibly eliminate discrepancies in expectations or possible barriers in the implementation of one's own action. The obtained results will point to the perception of the whole event and also to the trends in the organization of boating events for people with spinal cord injuries. I assume that my own research will reveal the potential of positive emotions and motivation of each new participant for self-realization at outdoor events. Comparison of the results of my research with research dealing with similar research topics.

Methodology: theoretical-empirical work of a qualitative nature using data collection methods: semi-structured questionnaire of own design, STAI questionnaire.

Number of participants 7, age 18 and more (according to registration for the course), the participation of people with spinal cord lesions who have already completed this course in previous years and also the participation of those who have not yet participated in the river rafting course and their experience will be compared and expectations.

Key words: spinal lesions, expectations, compensatory equipment, assistance, wilderness therapy, outdoor stays - river rafting