

Abstract

Title: Possibility of pedagogical support for two pupils of younger school age in physical education at an alternative school.

Objectives: The aim of the work is to explore the possibilities of pedagogical support in the framework of physical education for two pupils with special educational needs at the Waldorfská Jinonice primary school.

Methods: The thesis is based on the theoretical-empirical methods. The research consisted of two pupils with SVP. This was a girl and a boy aged 9. The intervention consisted of diagnosis, the creation of an individual training plan and the follow-up of pupils for one month. There were 8 exercise unit in total at the Waldorf Jinonice Primary School.

Results: After a month, the creation and fulfilment of IVP proved to have a positive effect on the motor skills of children at the Waldorf School. Using the MABC-2 test battery. I found that both girls and boys had improvements in balance, aiming and catching as well as manual skills.

Keywords: IVP – individual training plan, MABC-2 test battery, SVP – special educational needs, epilepsy, ADHD – attention deficit hyperactivity disorder, visual impairment, Waldorf School.