

# Abstract

**Title:** Application of iBoccia as a means of promoting integration

**Objectives:** The aim of the Bachelor thesis was to examine the effect of participation in the one-off sport inclusive event „iBoccia nanečisto“ consisting of playing iBoccia on a group of people with and without disabilities. Subjective impressions of the game as well as meetings for both groups and an interest in more experiences for the future were examined.

**Methods:** The qualitative research included the organisation of the „iBoccia nanečisto“ event. 6 probands were chosen for the research, of which 3 boccia players with disabilities and 3 non-disabled sport lecturers who have not yet become familiar with disabilities. For both groups, a self-design survey was used to evaluate the action. Using the semi-structured interview method, subjective opinions of non-disabled individuals about the experience of individuals with disabilities and their mobility activities were collected.

**Results:** The survey and interview investigation confirmed the participants subjective positive impressions and pointed to the benefits of inclusive actions. Individual criteria. The individual criteria of the event were rather positive for the probands, with only the duration of the event and the weather being lower rated. The four probandi said that iBoccie would like to engage on a competitive level and the other two probandi would like to play it occasionally. From the conversation with the lecturers it is evident that the first encounter with individuals with disabilities as well as the game enriched iBoccia greatly and most are interested in getting involved as an assistant in the sport of boccia.

**Conclusion:** Research has shown the meaningfulness of using iBoccia as a means of promoting integration.

**Keywords:** physical disability, integration sport, integration, inclusion, attitudes