## **ABSTRACT**

The goal of this thesis is to study the process of starting independent life of individuals with an intellectual disability. Specifically, it focuses on the role of siblings and the whole family in this process. Disabled individuals tend to benefit from their relationships with siblings which help them to be more easily integrated into society. At the same time, it draws attention to possible problems that may arise according to the warnings and placing excessive samples. Qualitative research focuses on starting an independent life with respect to the relationships with siblings, the main method for collecting information is interviewing disabled individuals and their families. The aim is to draw attention to the relationship between the brothers, situations in which help each other. Other oppinions are the relationships of an individual with a disability with his parents, how they become independent and other possible unpleasant situations in which people are interviewed. Answers to one's own person are also important. How they perceive themselves, how they feel and what they want to achieve. These questions are mainly about people with mental disabilities, but from the point of view of a person with a mental disability and also from the point of view of his family. The conclusion summarizes all the knowledge gained from the research.

## **KEYWORDS**

A person with mental disability, a process of starting independent life, siblings, a situation of life