

ABSTRACT

The present thesis is a study of depressive symptomatology in patients suffering from obstructive sleep apnea. The aim of the theoretical part is to enlighten both diseases separately, thus depression and obstructive sleep apnea, and then there is presented comorbid construct, common pathophysiological factors and different ways of treatment. Previous studies show high prevalence of these comorbidities, and also noticed risk of comorbidity between depression and obstructive sleep apnea, especially due to need of appropriate diagnostics and intervention, likewise compliance and adherence to treatment. There was no significant finding of depressive symptomatology in clinical sample of this research study, but the author of the thesis is pointing on the trend of increasing degree of depressive symptomatology depending on the severity of obstructive sleep apnea. In conclusion, side attribution of this thesis is inverse proportion of psychomotor speed and severity of obstructive sleep apnea, that could point out to ability of adaptation and subjectively perceived discomfort of obstructive sleep apnea severity.

Key words:

Depressive symptomatology, obstructive sleep apnea, CPAP, compliance, adherence