

Abstract:

This research bachelor's thesis deals with the issue of the pelvic floor in painful sexual intercourse. At the beginning of the theoretical part, the anatomy and kinesiology of the pelvic floor are described. The physiology and pathophysiology of pain are also outlined together with the evaluation. The thesis deals with the description of female sexual dysfunctions, summarizes the cause generating changes in the pelvic floor, which can subsequently lead to painful intercourse or impossibility of intercourse due to pain. The main part of the thesis then deals with the possibility of using physiotherapeutic methods and concepts to influence dyspareunia in musculoskeletal causes.

The practical part of the thesis contains a case history of patient with dyspareunia caused by a change in the pelvic floor, its kinesiological analysis, including palpation examination of soft tissues in the pelvic area and a therapeutic plan using several methods of physiotherapy.