

TITLE:

Motivation of children in equestrian sport

AUTHOR:

Petra Bacílková

DEPARTMENT:

Department of Physical Education

SUPERVISOR: Mgr. Martin Pádivý

ABSTRACT:

The bachelor thesis deals with the topic of motivation in equestrianism. The thesis deals with motivation, motivational means in equestrian sport for children and the possibilities of the coach to improve them.

The theoretical part describes the knowledge in the field of motivation, didactics of sport, the specifics of equestrian sport and the characteristics of age peculiarities of children of younger and older school age.

Theoretical aspects are the basis for the research part, which deals with obtaining answers to the main goal of the work, sub-goals and confirmation, or refutation of hypotheses. The conclusion of the work is based on processed questionnaires, long-term observation of school-age riders and theoretical knowledge.

KEYWORDS:

Motivation

Younger school Age

Older school Age

Equestrianism