

ABSTRACT

The theses titled “The awareness of students of primary and secondary schools on the issue of eating disorders“is divided into two main parts – the theoretical and the practical. The theoretical part deals with the characteristics of individual disorders, epidemiology and the factors with influence on the emergence of disorders. Next the symptoms and effects of eating disorders in children and adolescents are described as is the treatment and the field of prevention. The practical part is then focused on the research of awareness of students of the problematics of eating disorders, with evaluation of the questionnaire survey. Besides the level of awareness of students, the subject of the research were the most common sources of information on the matter and the influence of the location of schools in the Czech Republic on the awareness. The results of the practical part showed that the grammar school students have highest level of awareness and are followed by the secondary vocational school students and the primary school students in Prague. The worst informed group consisted of the primary school students in the Central Bohemian Region. Then I learned that the most common source of information on eating disorders are videos and articles on the internet. The results of the survey also showed that the location of the school in Czech Republic has an influence on the awareness of respondents of the problematic. The results of my research were then used to design a block of two lessons on the topic of eating disorders.