

ABSTRACT

This diploma thesis deals with one of the most frequently used addictive stuffs – alcohol. The theoretical part contains the characteristics of the addiction and the syndrom of risky behaviour in the adolescent age, it deals with the topic of drugs and drug addiction. Later, it investigates alcohol – its characteristics, metabolism and intake, its effects on single organ systems, the levels and types of alcohol addiction. It focuses on the prevention of using addictive stuffs and alcohol and on the treatment of alcohol addiction.

The practical part of the thesis settles the targets and the questions of the research. The main goal of the practical part, eventually of the whole thesis, was to analyze the basic school students' (sixth grade and higher) awareness of alcohol, its effects and the risk of it being consumed. As well as this, the aim was to find out whether the pupils have any experience with preventive programs and where they get in touch with these.

The method of quantity research was used to hit these targets – semi-structured questionnaires for the pupils of basic schools (sixth grade and higher), followingly, school prevention methodologists were asked written questions.

The questionnaires were filled in by 120 pupils of the 6th up to the 9th class of chosen basic schools. The results confirm existing awareness of the pupils, as far as the problematic of alcohol is concerned, they are aware of negative effects and risks connected with using of this stuff. They also know that they are not allowed to use alcohol at their age. The comparison of data of own research with the study ESPAD 2019 (CR) was a part of the practical part of the thesis.

The final chapter of the practical part was the summary of the didactic result, which was a seminar connected with the topic of alcohol for pupils of basic schools (sixth grade and higher).

In terms of the practical part, all research questions were answered and all the set targets were hit (both the main ones and the partial ones).

KEYWORDS

Addictive stuffs; alcohol; effects; risks; addiction; prevention; treatment