

## **ABSTRACT**

This diploma thesis deals with the issue of eating disorders in the school environment. The aim is to find out what preventive activities are implemented in this area at selected primary schools in Prague 8. The thesis introduces the reader to the issue of risky behavior, the work of prevention methodist, including the creation of the minimal prevention program and prevention itself. These chapters summarize the basic aspects of the professional work of prevention methodists and their multidisciplinary focus. The theoretical part of the work also includes an overview of the most common eating disorders, including possible circumstances of their origin, consequences, methods of treatment and cooperating subjects. The key part of the work is a chapter dealing with real research in a selected sample of a team of school prevention methodists. To obtain information, the method of anonymous questionnaire survey was chosen, the results of which showed the types of preventive activities implemented as well as the methods of their implementation. The questionnaire also found out the general awareness of prevention methodists on the issue of eating disorders. The results of the questionnaire survey are evaluated with respect to the theoretical part of the work. The survey showed that preventive activities in the area of eating disorders are included in schools in their minimum prevention programs. According to research, the implementation of these programs is divided into standardly taught subjects within school educational programs. An interesting finding is that most methodists are not sure that teachers in their schools are sufficiently informed to detect pupils with eating disorders. The whole work is concluded with a proposal of several preventive activities that can serve as a guide for other teachers when working with the class team.

## **KEYWORDS**

Risk behavior, school prevention methodist, minimal preventive program, eating disorders, prevention.