

ABSTRACT

This thesis aims to explore the topic of wisdom and its effect on coping in sample of young adults in the context of COVID-19 pandemic. First, the theoretical part provides an overview of important theories of wisdom, which are dominant in the contemporary psychological research. Afterwards, it introduces theories of coping and coping strategies, it presents existing research concerning the relationship between wisdom and coping and finally, it describes the situation of the COVID-19 outbreak as a potential source of stress.

The practical part includes an exploratory and confirmatory part. The exploratory part presents results of detailed mapping of subjective experiences and responses of young adults to situation of pandemic. Results show that young adults perceive negative influence of the pandemic on different spheres of their lives – the most commonly on finances, job and their psychological state. The level of fear of COVID-19 seems to be lower in the Czech sample than in the Iranian or Italian sample. Results of the confirmatory part present relationship between ways of coping and particular wisdom dimensions. Regression analysis revealed that wisdom, coping and perceived control are significant predictors of perceived stress during the pandemic.

KEYWORDS

Wisdom, Three-Dimensional Wisdom Scale, COVID-19 Pandemic, Coping, Brief COPE, Stress, Early adulthood