

Abstract

Background: The topic of substance abuse by adolescents has long been relevant. A lot of work and research has been devoted to this issue, but there are still many questions that need to be answered.

Aim of the work: The analysis of the stories of girls from the diagnostic institute, the research of the role of the topic of drugs in life stories, the analysis of treatment and stay in the TI and also outside the diagnostic institute. The key role of the whole work is played by reflection, the ability to look at oneself in the mentioned respondents. The question of whether girls are able to learn from their mistakes, draw conclusions and follow them in the future after such negative experiences.

Methods: The usage of semi-structured interviews to describe the life stories of girls from the earliest memories to recent times. Specifically, the interview is a suitable tool for achieving authenticity in the narration of the respondents.

Results: After processing the interviews, the influence of specific and recurring pathological factors in all stories that contributed to the emergence of addiction in the clients of the diagnostic institute was found. The factors were specifically: a dysfunctional or absent family background, a pathological environment in which girls grew up and matured, a constant presence of addictive substances in their lives, the dependent parents or the loved ones.

The obtained data were grouped into 4 categories: Family Background, Environment, Addictive Substances and Reflection. The categories were described in detail with the addition of citations from interviews to link the theory with the practical side of the research.

The last category concerned the key issue of reflection and the ability of girls to reflect on their behavior, draw conclusions and learn from their mistakes. It has been confirmed that girls are able to see themselves and reflect on their behavior, they can also acknowledge their mistakes and learn from them.

Conclusion: Girls were offered and provided with professional addictology care in various forms: group and individual consultations. Almost all respondents were treated in other facilities, such as a psychiatric hospital. Girls are able to reflect on the topic of addiction.

Key words:

Addicted behaviour, treatment of addiction, diagnostic institute, drug career analysis, biographical stories.