

This work deals with art, its methods and techniques for people with mild and moderate levels of learning disability.

It also might be taken as a guide for people who are interested in the artwork of people with a learning disability. I am trying to explain how man should act and work with people with a learning disability, especially with these, who have just started to familiarize with the art.

You can find here a definition of a person with a learning disability, what is the causation of learning disability and its classification.

I am also describing a reason, why is the art so great and important in the lives of people with a learning disability. It helps them to develop their thought, to improve their fine and gross motor skills, to relieve the spasm in the hand or to strengthen multisensorial perception of the individual. The client is able to express himself better, his self-confidence is increasing. Art also helps to engage people with a learning disability. Through the art the clients learn self-control, confirm their correct work habits or improve the proper grip of a pencil, chock or paintbrush. Some of the art techniques allow people to practise deep-breathing.

In the three different institutions for people with a learning disability I'm verifying if art techniques, which I have chosen, can help people with mild and moderate levels of learning disability manage by themselves or with little help from an assistant or teacher.

Besides various art techniques you can also find in this work a few examples of my guidance in a creative activity and a description of process of making art from artists themselves.