

ABSTRACT

The thesis deals with the preferences and popularity of individual combative activities of pupils of the second level in selected primary schools in Bohemia and Moravia, the choice of which was determined in relation to the cities' population. It is based on a diploma thesis entitled *Preference and Popularity of Combative Activities among Primary School Pupils in the Selected Region*. The thesis brings basic information about the developmental specifics of the given age category.

In the theoretical part, the reader learns about the knowledge of combative systems. The work also highlights the importance of regular sports in children' lives and in this respect, it points out combative activities as a key element in the development of an active lifestyle. The practical part focuses on an active sports involvement of children in individual combative activities and their interest in them not only in physical education lessons but also beyond them. Moreover, it compares the differences of these preferences among pupils of the second grade across the selected elementary schools in Bohemia and Moravia. Attention is also paid to gender differences.

The thesis is recommended for practice and supplementation of existing knowledge in the field of combat activities. It points out their importance in the development of an individual during puberty. Based on the attitudes that students are interested in combat activities, it is considered whether it would not be appropriate to pay more attention to combat activities in physical education classes and thus deepen knowledge and skills that can be used, for instance, in self-defence.

KEY WORDS

Combative activities, combat sports, martial arts, physical education, sports preferences, older school age, primary schools, Bohemia, Moravia