

Abstract

Title: Inclusion of a pupil with cystic fibrosis in physical education

Objectives: The aim of this thesis was to point out through case studies the possibilities of inclusion of a pupil with cystic fibrosis in physical education and to investigate the influence of physical applied activities on pupil's physical abilities. Part of the research was also working with a girl in physical education classes.

Methods: Due to the uniqueness of the disease, was chosen for this thesis the method of a case study of schoolgirl aged 12 with CF. Methods of data collection included interviews with pupil's mother, teacher and teaching assistant, questionnaires, observations and MABC-2 test set.

Results: We found out, that the inclusion of a pupil with CF is possible, but it is necessary to have prepared alternative methods and modification of physical activities in order not to damage the health of the individual. The individual approach to the student in class also proved to be effective. The research shows that physical activities as a part of physical education have a positive effect on some motor skills of a pupil with CF.

Keywords: integration, cystic fibrosis, joint education, primary school, physical activities

