

Abstract

Title: Diagnosis of personality characteristics in head coaches of a selected sport

Objectives: The aim of this work is to diagnosed and interpreted selected personal characteristics of head coaches (sport managers) of selected sports. The second aim is to identify significant testing differences between the head coaches of selected sports: sports managers and „other “ managers

Methods: To achieve the objectives, in the empirical part of master thesis was used quantitative research in the form of standardized tests to dynamics-aspiration-TDA and Eyseneck's personality questionnaire. In the dynamics of aspirations were evaluated and interpreted these personal dimensions: psychomotor pace aspirations and values of mental resilience. In Eyseneck's personality questionnaire two main dimensions of personality: neuroticism and extraversion were evaluated and interpreted. Furthermore, the value of the "lie score " was evaluated and the type of personality temperament was determined. The statistical method T-test was used to identify significant differences among the research groups. The results were interpreted by using graphs and verbally.

Results: The average values of personality characteristics of the research group differed with the average values of personality characteristics of the thesis test standards. The null hypothesis about two groups similarity in the research group of coaches-sports managers and "other" managers was not rejected.

Keywords: Coaches, sport managers, „other“managers, psyche, personality, dynamics of aspirations mental resilience, neuroticism, extroversion, temperament