

Abstract

My bachelor thesis is divided into the theoretical and nursing part. In the theoretical part, I deal with three large units, which are „Death and dying“, „Palliative care“ and „Mobile specialized palliative care facilities“.

In the chapter entitled Death and dying, I acquaint readers with the model of five stages of mourning and the different periods of dying. In the chapter dedicated to palliative care, I try to approach the issue of palliative care. In this chapter, I deal with the types of palliative care, the indication of palliative care in terminally ill patients as well as legislative amendments and ethical aspects of this kind of care. My last and largest unit in the theoretical part is the chapter called „Mobile specialized palliative care facilities“ where I mention the history and presence of mobile hospices just like legal norms, requirements imposed on providers, and financing of mobile hospices. I also mention the target group of MSPC (Mobile Specialized Palliative Care), its indications and the multi-professional team of a mobile hospice where I mainly focus on the role of a nurse in a mobile hospice.

The operation of mobile specialized palliative care in the home environment of terminally ill clients is demonstrated in the story of 63-year-old Mr. J. Š who has been diagnosed with oropharyngeal carcinoma. The case of this client is discussed in the nursing part of my thesis. In the nursing part, I also mention the nursing model of Virginia Henderson and the nursing process. Furthermore, I acquaint readers with basic information about Mr. J. Š. I worked out the nursing anamnesis according to Virginia Henderson and compiled the current and potential diagnoses as to the day I first met Mr. J. Š. For each diagnosis, I have elaborated on their implementation and evaluation. At the end of my thesis, I described my observations and the nursing care performed on Mr. J. Š. during individual visits to his home.

Within the care of Mr. J. Š., it was particularly important to ensure that all his needs were met and that he spent his last moments of life in the greatest possible physical and mental well-being, surrounded by his loved ones.