

# Abstrakt

**Name and surname of the author:** Klára Ptáčková  
**Institution:** Charles University  
Faculty of Medicine in Hradec Králové,  
Department of Social Medicine, Department of Nursing  
**Title:** The impact of stoma on patient's life  
**Supervisor:** doc. PhDr. Jana Kutnohorská, CSc.  
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The bachelor's thesis deals with the influence of stoma on the patient's life, where this topic examines the perspective of patient information in stoma care, quality, availability and usability of ostomy appliances and it also monitors whether ostomists have the opportunity to learn about life with a stoma. The theoretical part is divided into five chapters, where we describe the anatomy of the large and small intestine, the stoma itself, where we mention the history of stoma and care for them, the division of stoma, indications for establishment, patient preparation for surgery, the importance of stoma nurses in stoma care, stoma aids, systems and complications. We also address the lifestyle of ostomists, where we mention clothing and accessories, eating and drinking, physical activity, employment, social life and travel, partner and sexual life of ostomists and irrigation as a form of possible defecation. We also focus on social security and ostomy organizations.

The empirical part is focused on a questionnaire survey, which concerns the impact of stoma on the patient's life and the feelings of ostomists. Respondents were contacted in two hospitals, namely the Regional Hospital Liberec and the University Hospital in Hradec Králové. To ensure a higher probative value of the survey, we also used the Internet and included ostomies from the Facebook group "Stomics - even ostomies have May days" in the research.

The research part is supplemented by interviews with four probands from the ostomy club in Ústí nad Labem. At the end of the part, which deals with research, there is a discussion that compares the results of research with two thematically focused bachelor's theses from 2008 and 2016. The bachelor's thesis includes appendices containing documents related to the topic.