

Diploma thesis deals with the question of the possible benefit of a pet – a dog for the quality of life of its owner. In the introduction of the thesis, the individual approaches to the concept of quality of life are first presented, which are subsequently given in connection with the possibilities of how the dog can contribute to the individual areas of life of its owner. In this regard, the possible benefits of the dog for the quality of life of different age groups of dog owners are especially described. Significant researches, which contributed to understanding the mechanism of action that a dog exerts influence on its owner are described. The aim of the work was to find out how the dog affects the different aspects of its owner's life and how the dog owners themselves perceive and evaluate this contribution in terms of influencing the quality of their life and subjective well-being. For this purpose, qualitative research was carried out. It was performed by the method of interviews, in which it was possible to determine how the specific life situation and individual preferences were involved in the perceived contribution of the dog to life. In qualitative research, the contribution of dog ownership to owners was examined in more detail, especially in the physical, psychological and social spheres of quality of life. The influence of the dog on the subjective well-being of its owner was also examined. Furthermore, the research specified the individual circumstances that allow the dog to act as a protective factor in the quality of life of its owner.