

## Abstract

The bachelor thesis is focused on admission of new clients to a retirement home and the difficulty of adjustment to this kind of major life change. The main aim of the thesis is to find out how retirement homes in the district of Kladno proceed in the admission of new clients. The theoretical part describes working with an applicant for the services, as well as the following process of adjustment, including its faults. The adjustment is also connected with the experience of stress, which is discussed among other related topics in this part of the thesis. The practical part consists of a research. Its goal is to find out how the admission process differs in different retirement homes in the district of Kladno. The secondary research question is finding out whether this process is described in their internal documents. To fulfil these goals, semi-structured interviews with social workers were conducted. The results of the research take form in the descriptions of processes of the admission of new clients and a summary of the workers' experiences.

**Keywords:** senior, retirement home, adjustment, adjustment disorder, stress