Abstract

The aim of this work is to document the content and extent of preventive checkups of sportsmen in Czech republic. The content of obligatory checkups will be examined upon its impact on preventing serious injuries of the movement apparatus as well as diseases of circulatory system and other internal systems.

I am going to describe typical abnormalities of myosceletal apparatus which may increase the possibility of acquairing acute or overuse injury.

Consecutinely an exemplary phenotype of a sportsmen will be presented. I chose fotball and I will describe the typicall aberrations which potentionally lead to trauma of the movements apparatus including typical injuries.

The work will also contain a case report of examination of footballer. I will then compare the findings with the typical phenotype of footballist described in literature.