

## **ABSTRACT**

The thesis deals with the problematics of movement versatility of younger school children at school PT and athletic sport training. The main target is using testing for measuring level of motor skills all round development. The theoretical part contains the description of terms as motor skills, practical training and its didactic aspects, all round development, effect of exercise on health, younger school children and specifics of training children of this age.

The practical part focuses on testing the motor skills of younger school children and the results of performing the tests. One part of the tested sample is looking into the motor skills of those attending the athletic sport training and the other analyses the motor skills versatility of the basic school children who do not attend any sports prep regularly. This thesis results may initiate the first grade teachers and the sports prep trainers to more thorough work with the less developed motor skilled.