

## **Abstract**

This bachelor thesis encompasses problematics of eating disorders, primarily anorexia nervosa and bulimia nervosa. The beginning of the theoretical parts approached eating disorder, their definition and risk factors. The main part of the thesis is focuses on the treatment of eating disorders with cooperation team of professionals. The chapter on therapy is mainly focused on the role dietitian in treatmeant mental anorexia and mental bulimia. The thesis describes an evaluation of the nutritional status, forms of realimentation and a suitable diet. Next chapter define health complications that are an integral part of the disease. Conclusion of the theoretical part explains the term of relapse and includes the points how to prevent it.

Practical part consists of an interview with respondents who have an experience with eating disorders. The aim of this research is to find out how nutritional therapist proceeded in the treatment of their diseases and how important was the cooperation with him for them. Next aim was to find out if the respondents eat according to the recommended advice now.

**Keywords:** eating disorders, nutrition therapy, anorexia nervosa, bulimia nervosa, therapy