

Abstract

Title: Approaches to cultivation of game performance in sports games in school physical education education.

Objectives: The main aim of this work is to compare ways of teaching sports games in physical education lessons at the second stage of primary school. In this comparison we will focus on the impact of these ways of teaching with respect to team gaming performance.

Methods: In this work, we used video analysis, from which we derived quantitative and comparative analysis of qualitative findings. We compared the individual results on the basis of the method of teaching used in class.

Results: From a comparison of groups undergoing technical and tactical approaches to teaching sports games, we found that groups undergoing tactical approaches to teaching improved more in team performance in goal sports games. In volleyball, both groups improved equally in team play performance.

Keywords: sport games, school physical education, football, floorball, handball, volleyball

