Abstract

Title: Success of the attacking hit depending on the quality of the set in volleyball

Objectives: The main goal of this work is to determine how the set contributes to the success of attacks, which set is the most effective and which the least. Furthermore, according to the overall result, determine the order of the team depending on the success of the set.

Methods: Video analysis was used in the work, which was used to collect data. These were subsequently substituted into tables and formulas.

Results: Results: The results confirmed the fact that success depends on both the quality of the set and the number of players grouping the block.

Keywords: Volleyball, Receiving, Set, Block, Attacking hit, Succe