

Abstrakt

Athlete in basic and special period of training

Objectives:

The aim of subject bachelor thesis is try to find the starting point of future vocational career, based on the selfreflexion of author's life story. The starting points should determine life direction and vocational career of author which can be used in coach practice.

Methods:

This work uses methods of analysis, autoanalysis, comparison and selfreflexion.

Results:

The aims has been fulfilled. On the base of recapitulation of life story, the author realized the direction of future vocational career.

Keywords:

track and field, basic and special period of athletic training, child development, developmental psychology, psychosocial development of child, training, general training