

The objective of the thesis was to form the program concept for effective learning development. After charting the theory we drew following conclusion: the sufficient help in learning competencies development could be provided by specific offer of influencing the learning strategies technique of student. As a concrete form we chose 2 - days training tested in 7. classes in Basic school Praha - Klanovice. There were following essential bases for the training:

- 1) pedagogical - psychological diagnostics - simplified version applicable for teacher work
- 2) introduction to psychology of learning - the bases of grounds of learning psychology was provided to children (suitable to their age)
- 3) planing as supposal of effective learning - suitable skills
- 4) correction of deficiencies - designation of inappropriate strategie of learning and follow-on formation of new, more effective ones.

We consider the 2 - days traning to be contributing in the sense of formation student's preparedness to the next wilful influencing his learning process.