

Příloha 1.

Food History Inventory (Bernstein et al., 2005a)

APPENDIX: FOOD HISTORY INVENTORY (FHI)

Below is a list of events that may or may not have happened to you before you were 10 years old. Please read each event and rate on an 8–point scale how certain you are that the event (or a very similar event) did or did not happen to you by circling one of the numbers to the right of the item. Circle the “1” only if you are *completely confident* that the event **did not** happen to you before you were 10 years old. Circle the “8” if you are *completely confident* that the event **did** happen to you before you were 10 years old. And, if you are not completely confident, choose one of the middle numbers.

	Definitely did not happen				Definitely did happen			
	1	2	3	4	5	6	7	8
1. Ate two scoops of ice cream on a cone	1	2	3	4	5	6	7	8
2. Sold chocolate bars for a school fundraiser	1	2	3	4	5	6	7	8
3. Broke a piñata at a birthday party	1	2	3	4	5	6	7	8
4. Felt uncomfortably full after eating Thanksgiving dinner	1	2	3	4	5	6	7	8
5. Ate too much ice cream	1	2	3	4	5	6	7	8
6. Helped someone peel potatoes	1	2	3	4	5	6	7	8
7. Baked a birthday cake	1	2	3	4	5	6	7	8
8. Ate dinner at a very fancy restaurant	1	2	3	4	5	6	7	8
9. Felt ill after eating a dill pickle	1	2	3	4	5	6	7	8
10. Spilled a bowl of punch at a wedding	1	2	3	4	5	6	7	8
11. Slipped on a banana peel and fell down	1	2	3	4	5	6	7	8
12. Made kool-aid by yourself	1	2	3	4	5	6	7	8
13. Bought school lunch	1	2	3	4	5	6	7	8
14. Ate a hotdog with onions and sauerkraut	1	2	3	4	5	6	7	8
15. Ate a candy apple at a state fair	1	2	3	4	5	6	7	8
16. Got sick after eating too many hard-boiled eggs	1	2	3	4	5	6	7	8
17. Had a cheese pizza delivered	1	2	3	4	5	6	7	8
18. Ate freshly picked vegetables	1	2	3	4	5	6	7	8
19. Baked a pie with your mother	1	2	3	4	5	6	7	8
20. Were forced to go on a diet	1	2	3	4	5	6	7	8
21. Ate a caramel apple at a fair	1	2	3	4	5	6	7	8
22. Felt sick after eating airline food	1	2	3	4	5	6	7	8
23. Had a corn dog at a baseball game	1	2	3	4	5	6	7	8
24. Ate breakfast in bed with your parents	1	2	3	4	5	6	7	8

Příloha 2.

Food & Beverage Preferences Questionnaire (Bernstein et al., 2011)

Food & Beverage Preferences Questionnaire

Please rate each of the following food and beverage items in terms of how much you enjoy it. Put your rating in the space to the left of the item.

1 = 'definitely don't like' (for whatever reason) to 8 = 'definitely like'

- | | | |
|-----------------------|--------------------|----------------------|
| ___ Watermelon | ___ Tofu | ___ Coke |
| ___ Lemonade | ___ Apple pie | ___ French fries |
| ___ Taffy | ___ Chocolate bars | ___ Salad |
| ___ Steak | ___ Pepsi | ___ Rum |
| ___ Vanilla Ice Cream | ___ Celery | ___ Black beans |
| ___ Deviled eggs | ___ Bananas | ___ Doughnuts |
| ___ Iced-Tea | ___ Rice | ___ Red Wine |
| ___ Zucchini | ___ Tequila | ___ Asparagus |
| ___ Pasta | ___ Spinach | ___ Almonds |
| ___ Chocolate cake | ___ Granola | ___ Cranberry Juice |
| ___ Carrots | ___ Onion rings | ___ White Wine |
| ___ Vodka | ___ Orange Juice | ___ Mango |
| ___ Potato salad | ___ Cheetos | ___ Sprite |
| ___ Cole slaw | ___ Omelet | ___ Crackers |
| ___ Tortilla chips | ___ Garlic | ___ Potato chips |
| ___ Diet Coke | ___ Beer | ___ Diet Pepsi |
| ___ Tacos | ___ Ginger | ___ Roasted eggplant |
| ___ Pizza | ___ 7-UP | ___ Gin |
| ___ Broccoli | ___ Cheddar cheese | ___ Pickled herring |
| ___ Kool-Aid | ___ Whiskey | ___ Vanilla pudding |
| ___ Egg salad | ___ Brownies | ___ Root beer |

1 = 'definitely don't like' (for whatever reason) to 8 = 'definitely like'

Příloha 3.

Restaurant Questionnaire (Bernstein et al., 2011)

a

Restaurant Questionnaire

Imagine that you are at a nice restaurant for a special dinner. How likely are you to order each of the items on the menu below, assuming that price is not an object?

Le Restaurant

to

Appetizers

	definitely no			maybe		definitely yes		
	1	2	3	4	5	6	7	8
Wok-seared chicken strips and lettuce wrap	1	2	3	4	5	6	7	8
Portabella mushrooms stuffed with mozzarella	1	2	3	4	5	6	7	8
Fried calamari rings with spicy sauce	1	2	3	4	5	6	7	8
Hand-breaded tiger shrimp	1	2	3	4	5	6	7	8
Seasoned potato skins with cheddar and green onions	1	2	3	4	5	6	7	8

Soup and Salad

	definitely no			maybe		definitely yes		
	1	2	3	4	5	6	7	8
Homemade minestrone	1	2	3	4	5	6	7	8
French onion soup	1	2	3	4	5	6	7	8
Spicy tortilla soup	1	2	3	4	5	6	7	8
Peppered corn chowder	1	2	3	4	5	6	7	8
Caesar salad	1	2	3	4	5	6	7	8
Oriental chicken salad	1	2	3	4	5	6	7	8
Honey mustard chicken salad	1	2	3	4	5	6	7	8
Mixed baby greens vinaigrette	1	2	3	4	5	6	7	8

b

Main Entrees

	definitely no			maybe		definitely yes		
	1	2	3	4	5	6	7	8
Roasted salmon fillet	1	2	3	4	5	6	7	8
Grilled fillet mignon	1	2	3	4	5	6	7	8
Chicken scaloppini with white mushroom caps	1	2	3	4	5	6	7	8
Grilled polenta with steamed spinach and tomatoes	1	2	3	4	5	6	7	8
Linguine with wild mushrooms, eggplant and snow peas	1	2	3	4	5	6	7	8
Pork ravioli with marinara sauce	1	2	3	4	5	6	7	8
Veal with white wine, lemon and capers	1	2	3	4	5	6	7	8

Sides

	definitely no			maybe		definitely yes		
	1	2	3	4	5	6	7	8
Steamed summer squash	1	2	3	4	5	6	7	8
Baked potato with butter and sour cream	1	2	3	4	5	6	7	8
Broccoli and cauliflower casserole	1	2	3	4	5	6	7	8
Wild mushroom risotto	1	2	3	4	5	6	7	8
Sautéed asparagus spears	1	2	3	4	5	6	7	8
White rice	1	2	3	4	5	6	7	8

Desserts

	definitely no			maybe		definitely yes		
	1	2	3	4	5	6	7	8
Chocolate cake with caramel hazelnut sauce	1	2	3	4	5	6	7	8
Peach sorbet with glazed pecans	1	2	3	4	5	6	7	8
Five layer chocolate fudge cake	1	2	3	4	5	6	7	8
Meyer lemon cheesecake with orange sauce	1	2	3	4	5	6	7	8
Tiramisu	1	2	3	4	5	6	7	8
Pumpkin cheesecake	1	2	3	4	5	6	7	8

Příloha 4.

Elaboration Exercise (Bernstein et al., 2005b)

Appendix

Subject Name: [SUBJECT NAME ENTERED HERE]

After you left the lab last week, we entered your responses to the personality and food history/habits questionnaires into our computer and generated a profile of your early childhood experiences with certain foods. From the data you provided, the computer generated the following profile. As a young child:

1. YOU DISLIKED SPINACH
2. YOU ENJOYED EATING PIZZA
3. YOU GOT SICK AFTER EATING STRAWBERRY ICE CREAM
4. YOU FELT HAPPY WHEN A CLASSMATE BROUGHT SWEETS TO SCHOOL

When you have finished reading the items, please continue to the next page.

[Next Page. Note that experimental subjects received either the Elaboration Exercise or the Lifetime Scenario Database.]

Elaboration Exercise

Consider the following item from your profile:

YOU GOT SICK AFTER EATING STRAWBERRY ICE CREAM

Directions. Think about your memory of this experience. If you don't have a specific memory, imagine what *might have* happened. Then answer the following questions, in some detail, regarding the item listed above.

1. How old were you?
2. Where did it occur? And what were you doing at the time?
3. Who were you with?
4. How did it make you feel?