

ABSTRACT

The aim of the work is to improve the quality of teaching. The work points to the possibility of using action teacher research in an effort to implement innovations in the field of teaching methods for younger school age students and at the same time the development of their own professional competencies. It justifies the contribution of activating experiential and reflective methods for pupils in integrating the goals of the curriculum in the field of social science topics and the goals of personal and social education. The theoretical part maps the professional background of closely related topics such as teacher professional competencies, development of primary school teachers, innovative teaching methods, personality concepts, activation methods, experiential learning, experiential pedagogy, action teacher research, reflection and self-reflection. It also maps the background for experiential and reflective methods with support on the Framework Educational Program for Basic Education. The practical part describes the whole action teacher research. It captures in two ways the self-reflective characteristics of a teacher at the beginning of action teacher research, previous experience with the researcher's experiential and reflective methods, and a scheme of action teacher action research. Furthermore, all sub-phases, such as information collection and evaluation, all implemented activities and their detailed description. The description of selected implemented activities contains a detailed analysis of preparations, monitors the course of implementation and records the actual reflection of activities. Feedback emphasizes the teacher's essential findings. The fulfilled goals for the pupil and the essential findings of the teacher are sorted, generalized and summarized at the end of the action teacher research. The record of the experience gained at the end of the action teacher research shows a shift in the development of the teacher's professional activities.

KEYWORDS

teacher, teacher's competence, primary school, teaching, innovation, action research, experience learning, personal and social development, reflexion