

# Annotation

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<b>Title:</b>	The quality of life of women with urinary incontinence
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The bachelor's thesis deals with the quality of life in women with urinary incontinence. The theoretical background section of the thesis defines the quality of life in general, elaborating on ways quality of life is measured specifically in urinary incontinence sufferers. This section also describes the basic anatomy and physiology of the female urinary system and explores the key facts and terms related to urinary incontinence, its risk factors and causes. It also focuses on types of incontinence, specific diagnostic methods and available options for treatment and prevention. The final part of the theoretical section addresses nursing care activities and the approach of the nurse to a patient suffering from incontinence, as well as educating the patient.

The research section is based on a quantitative survey and evaluates the results of a standardized questionnaire I-QOL which was distributed within a research sample of female patients diagnosed with urinary incontinence. The patients were either using the outpatient incontinence advisory service or were hospitalized in the surgical gynaecology department at a university hospital. The findings have shown that incontinence has obvious impacts on the bio-psycho-social aspects in women's lives.